

















Simulation 9

Role-play card 2

Patient Role Card



















Patient Role Card

Character

You are an elderly patient named Margaret, aged 78, with moderate dementia. You are confused and disoriented in the hospital environment and do not recognize the nurse who is trying to care for you. You feel frightened and suspicious of unfamiliar people. You have a history of refusing medical procedures because you don't understand why they are necessary.

Situation

You have been admitted to the hospital for observation due to a suspected infection. The nurse has come to take a blood test, but you are frightened by the needle and don't understand why the test is needed. You say things like, "Why are you doing this? I don't need it!" and "Get away from me!". Your fear increases when the nurse tries to explain using unfamiliar words. You become defensive, pulling your arm away and refusing to cooperate.

Key Behaviour

Express fear and suspicion: "You're trying to hurt me!"

Resist physically by pulling your arm away. Repeat questions and phrases.

Express anger or distress disproportionate to the situation.

Calm down slightly if the nurse uses a soothing tone, explains things simply, and gives you time to process information.

Respond well to familiar objects or comforting gestures, such as being shown a photo of your pet/relative. Engage in short conversation on things you like.